

Stony Rapids – Bracken – Consul – Eastend – Fox Valley – Frontier – Gull Lake – Hazlet – Herbert – Leader – Mankota – Maple Creek – McMahon – Morse – Pennant Station – Piapot – Ponteix – Sceptre – Shaunavon – Swift Current – Tompkins – Val Marie – Waldeck – Wymark – Assiniboia – Avonlea – Bushell Park – Chamberlain – Chaplin – Elbow – Gravelbourg – Lafleche – Limerick – Moose Jaw – Mossbank – Rockglen – Rosetown – Biggar – Birsay – Coleville – Davidson – Dinsmore – Elrose – Eston – Glidden – Harris – Herschel – Kerrobert – Kindersley – Kyle – Loreburn – Macklin – Milden – Outlook – Rosetown – Stranraer – Tessier – Unity – Wilkie – Zealandia – Beauval – Buffalo Narrows – Dillon – Ile a la crosse – Patuanak – Carrot River – Hudson Bay – Kelvington – Melfort – Nipawin – Porcupine Plain – Rose Valley – Tisdale – White Fox – Yellow Creek – Air Ronge – Creighton – Denare Beach – La Ronge – Sandy Bay – Southend – Battleford – Cochin – Cut Knife – Glaslyn – Goodsoil – Livelong – Lloydminster – Meadow Lake – Meota – Neilburg – North Battleford – Onion Lake – St. Walburg – Albertville – Bellevue – Big River – Birch Hills – Canwood – Chitek Lake – Christopher Lake – Debden – Kinistino – Krydor – Leask – MacDowall – Marcelin – Meath Park – Paddockwood – Prince Albert – Rabbit Lake – Shell Lake – Shellbrook – Spiritwood – Spruce Home – St. Louis – Weldon – Abernethy – Bethune – Broadview – Buena Vista – Coppersands – Cowessess – Craven – Deer Valley – Dilke – Duncan – Earl Grey – Edenwold – Emerald Park – Fort Qu’appelle – Grenfell – Holdfast – Imperial – Indian Head – Kelliher –

Empowering People to Live Well with Dementia Across Saskatchewan

Annual Report 2019 – 2020

Alzheimer Society

S A S K A T C H E W A N

Learn More Live Well

About the cover

On the front and back covers of this report is a listing of the 290 communities that the Alzheimer Society has delivered services and programming to people from those communities.

Dementia doesn't care about geography, but we do. We strive to the best of our ability to serve and assist every individual that reaches out to us, regardless where they are in the province.

As much as our resources and technology allows, we extend our learning opportunities and educational programming to the largest audience we can reach.

A note on COVID19

COVID19 necessitated the physical closing of our Resource Centres throughout the province, however **our services and programs have remained available to our clients and the public.**

Our first priority was ensuring the continued availability of direct contact and service provided by our First Link Coordinators.

We are now offering a full range of programming from our Learning Series to Support Groups online.

If you or someone you know needs our services, please reach out. We are here to help.

Thank you

We wish to thank all of our donors, volunteers, supporters and clients who have entrusted us to be part of their journey with dementia.

You are the source of our vision and the soul of our mission. Without your generosity, commitment and trust our work would not be possible.

We deeply appreciate everything you do and all the support you have given us in the last year. Thank you.

Alzheimer Society

S A S K A T C H E W A N

Learn More Live Well

Vision

A World without Alzheimer's disease and other dementias

Mission

The Alzheimer Society of Saskatchewan empowers people to live well with dementia while funding research into prevention, cures and quality of life.

Board of Directors

Van Isman, President

Charlene Callander, Vice-President and Chair of Finance and Audit Committee

Lisa Haubrich, Chair of Governance Committee

Jennifer St. Onge, Chair of Nominating Committee

Sandra Bobyk, Secretary

Anita Bergen

Michelle Buglas

Tracy Danylyshen-Laycock

Jason Good

Pam Herbert-Maindonald

Dan Kohl

Michael MacFadden

-

A Message from the Board President and CEO

Fiscal 2019 – 2020 was a fantastic year for people living with dementia in Saskatchewan with some very significant milestones to celebrate.

In recognition of dementia as an important health priority in Saskatchewan the Government of Saskatchewan increased our funding to over \$1M, an increase of \$670,000 annually. This funding allowed us to:

- provide vital services to over 3000 individuals across the province,
- expand our services and open an Alzheimer Society Resource Centre in Yorkton to serve the former Sunrise Health region.
- increase our support to clients with complex care needs with the implementation of two First Link Care Navigators
- train staff to deliver Taking Control of our Lives, a chronic disease management program for people living with dementia.
- continue our Dementia Helpline services to support rural areas of the province.
- raise awareness about the warning signs and dementia through social media and community presentations.
- continue to build Dementia Friendly Communities and Dementia Friends to reduce stigma and increase awareness about dementia.

In 2020 there are now over 20,000 people in our province living with dementia and this number is projected to increase to over 28,000 by 2038. Knowing that the numbers are increasing we will continue to expand our services and to increase the financial resources necessary to support this growth.

The Society raised over \$4.3M in this fiscal year, our most successful year from a financial perspective. Our signature events, the IG Wealth Management Walk for Alzheimer's, Night to Remember Gala, Anything for Alzheimer's third party events, and the annual giving campaign all met or exceeded their targets.

We are successfully growing support from donors through major gifts and planned giving. We have a targeted strategy for planned gifts that is resulting in a significant increase in the number of people who are requesting information about the opportunity to leave a planned gift to the Society. This year we received a planned gift valued at over \$1.6M to support our mission driven activities.

Our donors are key to helping us achieve our priorities and so we sought feedback from them through a donor satisfaction survey. The survey revealed that 94% of respondents they felt that their donation to the Society was making an impact in support of people living with dementia.

Another historic milestone for the Society was the announcement of a National Dementia Strategy for Canada focused on three key objectives:

- Preventing dementia,
- Advancing therapies to find a cure and,
- Improving the quality of life for people living with dementia and their caregivers.

We continue to work on gaining support for a Provincial Dementia Strategy and will be calling on our supporters to raise awareness for the need of a strategy during the provincial election in the fall of 2020.



Joanne Bracken, CEO with Van Isman, President and Chair of the Board of Directors of the Alzheimer Society of Saskatchewan

The Society had a very successful year but we are mindful of the work left undone:

- Stigma is still a major issue for people living with dementia
- Only 50% of people who have dementia get a diagnosis
- Many who get the diagnosis do not get connected to the resources and supports that they need to live well with dementia

There is also the uncertainty that comes with the COVID-19 pandemic that was starting just

as our fiscal year was ending. COVID-19 has a huge impact on people living with dementia by compounding the impacts of social isolation due to the need for physical distancing. The Society will need your support to make sure that we are there for people living with dementia as the need for our services continue to increase.

Thanks for a great year.

We look forward to your continued support of the work we do to improve the quality of life for people living with dementia across Saskatchewan.

Van Isman
Board President

Joanne Bracken
CEO

Programs and Services

From individualized client calls to support groups to province wide dementia presentations using Telehealth - the Alzheimer Society provides a wide range of services for those who connect with us. Our staff is dedicated to delivering the best possible experience to our clients at every point of contact with the Society.

Our programs and services cover the continuum of the disease including helping people to lower their risk of developing dementia. To the best of our ability and capacity, we ensure that residents from all areas of the province have access to the programs and services offered by the Alzheimer Society.

Our goal is to ensure that residents of Saskatchewan affected by dementia have timely access to support and programs that empower them to live well with dementia.

This past year we have been able to significantly expand our services and reach throughout the province. Increased funding from the Government of Saskatchewan, brought and expansion of First Link with the opening of our seventh Resource Centre in Yorkton and the introduction of two First Link Care Navigators (FLCN).

Whether you are living with Alzheimer's disease, another form of dementia, or supporting someone who is, our First Link® program connects you and your family to your local Alzheimer Society programs and other community services.

First Link is about helping you and your family make informed choices so you can live better with dementia at every stage of the disease. Connecting with First Link means you can:

- receive one-on-one or group support
- be referred to local healthcare providers and community services
- meet other people in similar circumstances and exchange experiences
- get the help you need to plan your future

"I found the Alzheimer Society staff member to be extremely helpful and understanding of our circumstances. She provided excellent suggestions and insights to how we could deal with our specific issues."

- Alzheimer Society Client

This year we connected 3013 clients to our programs and services. In addition to this being the highest number of clients served, our client satisfaction survey revealed that we maintained a high level of satisfaction.

Beyond direct service to clients through our First Link program our education programs are another essential part of helping people to live well with dementia and increase inclusiveness in our communities for people with dementia and their care partners.

There were numerous learning opportunities for people with dementia and families including five Evenings of Education via Telehealth with topics including: The Road Ahead – the progression of dementia; Responsive Behaviours; Grief and Loss; and Nutrition and Brain Health. In person curriculum-based learning opportunities were offered in Regina, Saskatoon and North Battleford.

Our annual Understanding Dementia Evening of Education held every January had a record attendance this year with over 850 people attending in 50 different Saskatchewan communities.

How First Link Works



Outreach and Engagement

- Identify and engage potential referral sources including professionals, community organizations and individual outreach to health care professionals
- Engaged and inform the public and community through community presentations and forum, social media and other efforts

Proactive Contact to Referrals

- Direct or individual referral received by Alzheimer Society are contacted by an Alzheimer Society First Link Coordinator.
- Responsiveness depends on the needs of the client. Priority referrals responded to in no later than five business days; non-priority referrals in three to four weeks maximum.

Connecting Clients to Services and Intentional Follow-up

- Provide education and support according to client needs through available Alzheimer Society programs/services as well as links to appropriate community services.
- Provide ongoing follow-up contact with clients, links to supports and community services throughout the continuum of the disease, as appropriate.
- Provide ongoing learning and education opportunity such as our Learning Series and Evenings of Education
- All client contacts are documented in the client record, clearly identifying goals/care plan according to applicable standards.

Continuous Commitment to Quality Improvement

- Gather and analysis client data
- Evaluate First Link® and its impact at individual, community and system levels.
- Develop and review policies i.e. caseload and capacity management.

The year in numbers for Programs and Services



18% increase in number of clients served in the fiscal year for a total of 3013 clients

7% increase in number of Saskatchewan communities served in the fiscal year



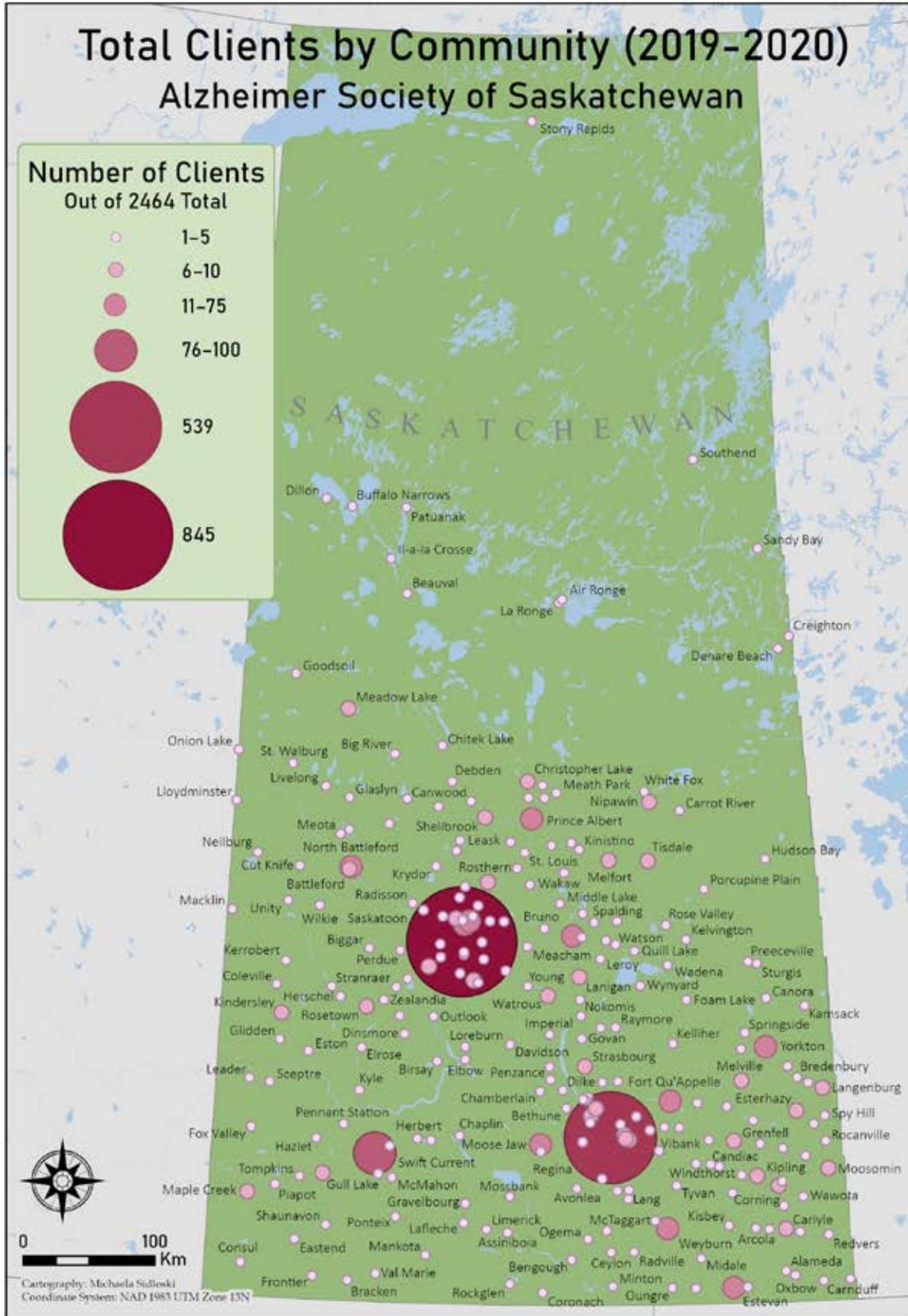
42% increase in First Link referrals from primary and specialized care. Categories include physicians, specialists, Geriatric Evaluation and Management Program, Nurse Practitioner, Rural Memory Clinics, South SK Geriatric Services.

82% of clients are satisfied or very satisfied with information, education and support services and

85% of clients would recommend Society programs and services to a friend



Our programs and services reached 290 different Saskatchewan communities





Heather Van Starckenberg (left) our South SK FLCN attended the Alzheimer Society of Ontario (ASO) First Link conference in December and spent week in January visiting four different ASO chapters. This allowed us to see different models of delivery and take aspects of each model to create the SK FLCN model. We are extremely appreciative of our Alzheimer Ontario partners for the generosity in sharing of resources, time, lessons learned and mentoring.

First Link Care Navigators and complex

The new First Link Care Navigator (FLCN) role was introduced to the Society this year. The FLCN supports clients with more complex or complicated care needs.. There were numerous recruitment challenges which delayed the start of these positions, however there are now two FLCNs serving the province.

Heather Van Starckenberg has her home base in Regina and is the Team Lead for the First Link Coordinators in the South of the province. Melody Neufeld has her home base in Saskatoon and is the Team Lead for the Central and Northern areas of the province.

Their role as Navigators is to provide support for client contact, care planning and follow up particularly for those with complex care needs and high-risk clients. They assist these clients and care partners with navigation through the

"We participate in working groups with the Programs and Services team, to provide ongoing information and resources to share with clients of the Alzheimer Society and community partners. We strive to provide a holistic perspective with all clients we work with, recognizing that each person's needs are unique."

- Heather Van Starckenberg

system. They also do ongoing monitoring and evaluation of First Link service delivery standards and work as a collaborative member of the Alzheimer Society's Programs and Services team.



Our First Link Coordinators serving our rural Resources Centres 2019-2020

Support Groups

We have 39 support groups in the province – five of the groups are for people with dementia, 28 caregiver support groups. Most are in person groups however, five of our support groups are delivered by Telehealth, allowing us to serve clients who would otherwise not be able to take advantage of our support groups.

There are in addition, three Coffee Clubs and one Sandwich Club for people with dementia and family members hosted by volunteers.

New this year is a Young Carers support group in Saskatoon for those who were born after 1974 and are supporting a person with dementia.

All Support Group and Coffee Club volunteers are screened, trained and required to complete four hours of professional development related to dementia and caregiving per year.

We contracted Patti Kelm, Cornerstone Learning and Consulting to evaluate the effectiveness of Alzheimer Society support groups. Support

“The assistance you provide to families is extremely valuable. It really does help to know that you are not alone while you struggle with the changes that are inevitable within our families. I hope you know how important and valued your work is.”

- Alzheimer Society Client

Group participants and facilitators, and staff were surveyed against the outcomes within the support group manual. The existing recorded training video was reviewed, and feedback was provided.

The support group working group has reviewed both reports and have created their 2020/21 work plan to address the gaps identified within the report.

Public Awareness

Our public awareness initiatives are aimed at increasing knowledge about: the warning signs of dementia; how to reduce your risk of developing dementia; the importance of an early diagnosis; and how the Alzheimer Society can help you live well with dementia. Our efforts are also centred on reducing stigma and engaging individuals and organizations to make our communities more inclusive and accessible for people living with dementia and their care partners.

Warning Signs

A cornerstone of our efforts to build awareness about dementia is our ABC's of Dementia community presentation. This presentation contextualizes the 10 evidence-based warning signs of dementia around a change of state in abilities, behaviours or communication that impact an individual's everyday life – the ABC's of Dementia.

In the past year, our public ABC's of Dementia presentation has been delivered 38 times with 751 total attendees. In addition, our warning signs campaign is supported by a continuous social media campaign and community engagement efforts.

This past year was our first time being able to engage First Nation communities with our ABC's of Dementia community presentation. We presented at Cowessess First Nation at the invitation of the Community Dietitian, participated in a community Wellness Day at Beardy's & Okemasis Cree Nation, and fulfilled a request to present to Elders at Ochapowace First Nation. These events offered opportunities to not only share information about dementia but to also learn from these communities to better inform our understanding of the needs of First Nations around the issue of dementia.

Another notable new group we shared the ABC's of Dementia with this year included SWITCH (Student Wellness Initiative Toward Community Health). Located in Saskatoon, primary attendees



Abby Wolfe our Public Awareness Coordinator preparing for one of our community presentations.

of SWITCH programming include residents of the city's core neighbourhoods. As a culturally safe approach to programming is emphasized at SWITCH, this opportunity provided many lessons about how to communicate key messages in a way that reaches diverse audiences.

Dementia Friends

Dementia Friends learn more about dementia and what they can do in their everyday interactions to reduce stigma and be more dementia friendly. From April 1, 2019 to March 31, 2020, 128 Dementia Friends sign-ups were received with 76% being new contacts to the Society. Since the program's inception, a cumulative total of 1034 individuals have expressed that dementia is important to them and have committed to learn more about it by becoming a Dementia Friend. Monthly e-newsletters continue to provide practical tips, information, and links to learning opportunities for these individuals to apply in their daily interactions.



We were fortunate this year to be invited by three different First Nations communities to share our public awareness presentation and to learn from the communities about their needs around the issue of dementia.

Dementia Friendly Communities

Our efforts to engage individuals and mobilize communities to become more supportive, inclusive and accessible for people affected by dementia continued this year with 8 Dementia Friendly Communities presentations reaching 161 attendees. The Alzheimer Society of Saskatchewan has identified four primary target groups for Dementia Friendly Community engagement going forward, including: 1) Faith-based communities, 2) Libraries, 3) First Nations communities, and 4) Pharmacies.

Some of our most extensive work in the last year has been with libraries on the provincial, regional and local levels. A new resource, the Dementia Friendly Toolkit – Library Edition, was released and promoted at an exhibitor booth as part of the Saskatchewan Libraries Association Annual Conference in early May 2019. Attendees of this event included library staff from around the province, working in many different library settings and systems.

We engaged with staff of Regina Public Library’s Sunrise Branch and Saskatoon Public Library’s Welcoming Initiatives Team to discuss this

library-specific Toolkit and other Alzheimer Society services such as the Dementia Helpline. In late summer 2019, contact was made with the Southeast Regional Library, who distributed copies of the Dementia Friendly Toolkit - Library Edition to all 47 branches in their region..

We participated in Saskatchewan Library Week in October 2019, sharing our Library Toolkit and other resources with both current and prospective public library contacts. Further, in recognition of Canadian Library Month, a message from the Alzheimer Society recognizing the impact of libraries as important community hubs and their interest in becoming more dementia friendly was shared with the Saskatchewan Library Association’s Executive Director, Dorothea Warren. In turn, this message was shared with all Saskatchewan Library Association members in their Fall 2019 SLAte newsletter.

Other notable events in 2019-2020 with the support of public libraries:

- public ABC’s of Dementia presentation hosted at Sunrise Branch Library in Regina on World

Alzheimer's Day (space & promotion provided in-kind by the library);

- a Dementia Friendly Communities presentation and display table were hosted as part of the Wapiti Regional Library Staff Professional Development Day in October 2019; and
- public ABC's of Dementia presentation hosted at Glenavon Public Library (space, promotion & refreshments provided in-kind by the library), providing an opportunity to introduce local First Link Coordinator from the Estevan-based Sun Country Resource Centre to this community.

New National Initiatives

The Alzheimer Society is currently involved in two major Dementia Friendly initiatives funded by the Government of Canada.

We are partnering and working with members from the University of Regina's Saskatchewan Population Health and Evaluation Research Unit (SPHERU) on their collective impact project, Dementia Supports in Rural Saskatchewan. This project focuses on increasing the social inclusion of older adults living with dementia in Yorkton and surrounding area. We are named as a collaborating partner, serve on the provincial advisory committee, and have been providing ongoing advice and guidance to SPHERU on their project development.

Additionally, the Alzheimer Society of Saskatchewan participates as a partner in the Alzheimer Society of Canada's Dementia Friendly Canada project. Receiving \$940,000 through the Public Health Agency of Canada's Dementia Community Investment, this project aims to support the scale-up and expansion of Dementia Friendly Communities initiatives by delivering materials and resources for specific target sectors within Canada's workforce to become more dementia friendly.

As part of the national Working Group, the Alzheimer Society of Saskatchewan contributes a prairie perspective and expertise gleaned from continued provincial Dementia Friendly Communities experience.

January is Alzheimer's Awareness Month

Too often, negative feelings, attitudes and stereotypes surrounding dementia dissuade people from seeking help and discourage others from lending their support.

By providing a platform for Canadians to share their stories, we can cultivate empathy and compassion and help break down the stigma so that Canadians with dementia can live a full life.

Spurred by alarming research indicating that 1 in 4 Canadians would feel ashamed or embarrassed if they had dementia, our **I live with dementia** campaign gives a voice to Canadians with dementia.

Throughout the month of January Alzheimer Societies across Canada profiled individuals living with dementia and their care partners and gave them a platform to speak in their own voices about the challenges they face when it comes to the stigma they face.

Here in Saskatchewan Kenn and Ronda Schmalenberg shared their story about it means to live with dementia.

Kenn and Ronda's Story

In 2016, our lives changed when my husband, Kenn, was diagnosed with Frontotemporal Dementia (FTD).

Being married for 32 years, I knew something was wrong. Kenn could no longer hold a job. He had uncontrollable outbursts with employees and was terminated from three positions in three years. We have three grown children and I involved them early on in what was really happening in our home. To my surprise, they were very aware of what their dad was doing and were confused and frustrated.

I insisted that we go talk to his doctor and get help after the loss of the third job in 2015, and it was at this time that I realized Kenn knew he had a problem, too. Kenn knew he could not retain any information but had no knowledge of his uncontrollable temper.

Kenn had a wonderful doctor in Regina who listened to us and we were referred for further tests. In November 2015, we drove the 2.5 hours from Regina to see the amazing staff at the Rural and Remote Memory Clinic in Saskatoon. Kenn did it all: tests, scans and whatever else was requested, then we went home.

I remember the day we went back for the results like it was yesterday. We sat in silence as we received the diagnosis that Kenn had FTD. This was not to happen to us. This was an old persons' disease, Kenn was only 62 years old. Why him? These are just a few of the thoughts that ran wildly through our minds after receiving the diagnosis. We were also relieved, because now we knew what was wrong.

We told our children about the diagnosis together. They were in shock, but they had also witnessed Kenn's father doing some of the same things he was doing. We all learned about the disease, attending workshops, clinics and support groups as a family. We are very grateful to the Alzheimer's Society for the support they have shown us, with the regular monthly meetings for Kenn and the support groups for families.

At this stage in the disease Kenn still manages personal care for himself, can help around the house, and can do some meal preparation on a good day though this is becoming less and less as the disease progresses. Things that were once done easily everyday are now a challenge, like making the bed, cleaning and laundry. We do not use to-do lists as they would be irrelevant at this point. Instead, we take one task at a time. Some days, even one is too many. Kenn requires 10 – 12 hours of sleep every night, therefore, his day only begins at 1:00 – 2:00 p.m. This has been a huge adjustment as I learn which battles to pick.

We no longer travel. We have lost most of our friends and do very little outside the house. Life has changed the most for me as I never know who I am coming home to: Dr. Jeckle or Mr. Hyde. But we are all learning, and I have definitely learned to live life in the moment.

As I write this story of our lives with dementia, I



Kenn, Ronda and Kloe

have reflected on many things. Most are good things, as this is what you tend to hang on to as the person you once knew so well changes right before your eyes. One of the good things has been Khloe, the six-year-old standard poodle we were fortunate to get in June 2016. Khloe goes everywhere with Kenn. They are well-known at McDonald's and Tim Horton's, as this is part of their daily routine.

Having Khloe in our lives has made Kenn more active as she needs exercise daily. What a gift! She is the best thing that has happened in our lives (other than our grandchildren) since the diagnosis.

Family support has meant so much to us throughout this journey. Our three wonderful children, their spouses and four grandchildren are just a phone call away and would be there for us in a heartbeat.

Life with Frontotemporal Dementia is not how we expected to live our golden years, but it is what we have been dealt and we will continue to deal with what comes our way.

Research

The Alzheimer Society of Saskatchewan invested \$205,000 to support research into finding treatments, causes, cures and ways to prevent and lower the risk of developing dementia as well as investing resources to help improve the quality of life for those currently living with dementia. We fund research with Alzheimer Societies across Canada through the Alzheimer Society Research Program as well as research in Saskatchewan.

The Alzheimer Society Research Program (ASRP)

Alzheimer Societies across Canada and their generous donors funded over \$2.4 million to support 21 innovative projects and researchers that will advance our knowledge of dementia and that improve the quality of life for people living with dementia, families and caregivers. The Alzheimer Society of Saskatchewan contributed \$100,000 to the ASRP to support research with a focus on: causes, therapy, care, risk, epidemiology, knowledge translation, treatment and diagnosis.

Research Chair in Alzheimer's Disease and Related Dementias

In partnership with the Saskatchewan Health Research Foundation, we fund Dr. Darrell Mousseau, Research Chair in Alzheimer's Disease and Related Dementias. Each partner invested \$100,000 to support Dr. Mousseau's research that is focused on the link between depression and Alzheimer's disease.

Graduate Student Scholarship

The Alzheimer Society funds a \$5,000 Graduate Student Scholarship at the Centre on Aging and Health at the University of Regina. This year the scholarship was awarded to Rhonda Stopyn, a doctoral student in the clinical psychology program at the University of Regina. The focus of her research is examining health technology in order to detect pain in older adults with dementia with the aim of promoting more effective pain assessments.



Dr. Darrell Mousseau with Board Member Jennifer St. Onge



Rhonda Stopyn

Advocacy

National Dementia Strategy Announced for Canada

We are thrilled to announce that history was made on June 17, 2020 when the federal government officially announced Canada’s first national dementia strategy: A Dementia Strategy for Canada: Together we Aspire.

This is a significant milestone for Canadians living with dementia, their caregivers and their families. For the first time, we have a national plan with a concerted and targeted approach to increase awareness, ensure timely diagnosis and intervention and enhance care and community supports.

The strategy sets out three national objectives:

- Preventing dementia;
- Advancing therapies and finding a cure; and
- Improving the quality of life of people living with dementia and caregivers.

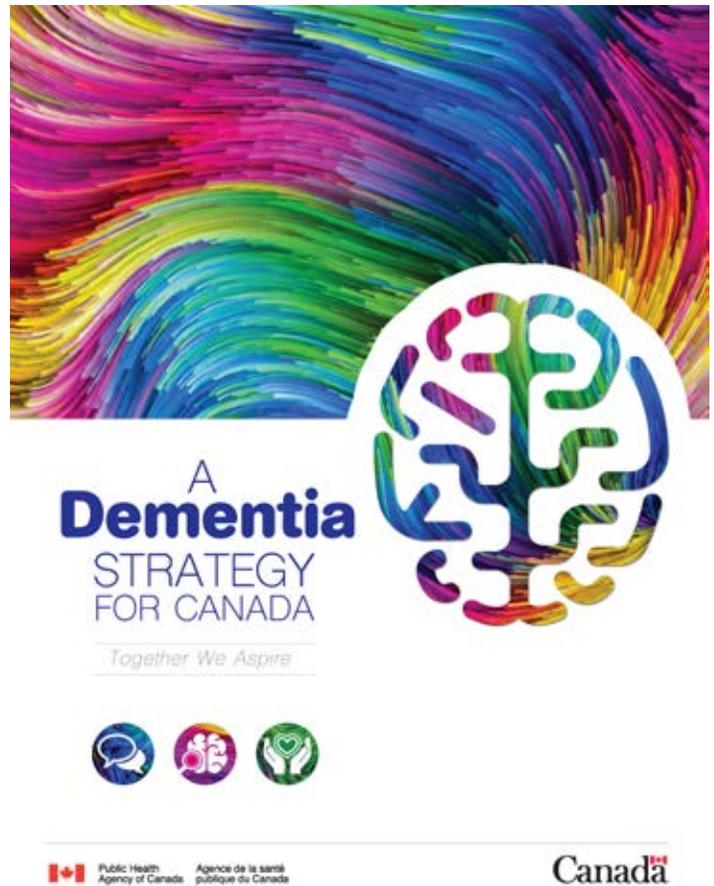
We recognize there is much work ahead to ensure the strategy brings immediate and lasting change for Canadians affected by dementia. We look forward to championing for complete funding and the speedy implementation of this strategy so that every Canadian affected by dementia can live as fully as possible for as long as possible with dignity, inclusion and respect.

Increased Funding for the Alzheimer Society of Saskatchewan

Effective April 1, 2020 the the Government of Saskatchewan invested \$1,079,000 to support our programs, services and First Link.

The funding will support these five key initiatives:

- Expansion of the current First Link program to the former Sunrise Health Region;
- Enhancement of the First Link program with two new First Link Care Navigators;



- Implementation of a chronic disease management program for people living with dementia;
- Implement an early diagnosis and lowering the risk campaign;
- Enhance support to rural areas of the province through the Dementia Helpline.

We believe this recent announcement by our provincial government coupled by the Government of Canada announcement in their budget for a National Dementia Strategy demonstrates the impact we are all having in advancing our cause and mission across Canada.

Board Awards

The Alzheimer Society celebrates significant contributions of our volunteers and donors to the mission and vision of our Society.

Honourary Lifetime Award – Diane Lemon

Diane has a long legacy of giving back to community and a heart for helping those who are most vulnerable. A close friend with Alzheimer's is what inspired her to become involved with the Alzheimer Society of Saskatchewan. Diane served six years on the Board of Director's in various roles including President and National Representative to the Alzheimer Society of Canada Board.

Following her tenure on our Board, Diane has remained involved as a volunteer at our Night to Remember Gala, attending awareness events at the Saskatchewan Legislature and as a support group facilitator.

In addition to supporting the Alzheimer Society, Diane volunteers and has been recognized by numerous other organizations for her commitment to the Community including:

- YWCA Woman of Distinction Award in the Health and Wellness category, 1989
- a life membership in the Canadian Physiotherapy Association for 40+ years of volunteer work,
- inducted into the Saskatchewan Sport Hall of Fame in 1996.
- Distinguished Service Award from the Canadian College of Health Leaders, 2011

"I have participated in many different types of volunteer activities while employed and since I have retired, and the Alzheimer Society is high on the list of those most dear to me. To be associated with such a caring committed organization means a great deal.

The rewards I personally have gained far outweigh the time and effort I have



Diane Lemon

contributed. The staff, led by, Joanne Bracken, delivers tremendous programs. I am amazed at what you accomplish given the staff and budget.

As I mentioned, I will be giving a talk on the rewards of volunteering next week and the Alzheimer Society will be front and centre in discussing my volunteer journey."

Diane Lemon

Corporate Leadership – Site Management Services

Otto and Annette Psenica and Dale Griesser are the proud owners of Site Management Services, a commercial and municipal paving and concrete company located in Regina, Saskatchewan. For 18 years, they have worked directly with their clients and provided them with the best results in quality and workmanship. Their dedication in their work has translated to their dedication to the Alzheimer Society.

As a dedicated supporter, Site Management Services has donated over \$67,000 to the Alzheimer Society of Saskatchewan to support our programs and services as well as to meet our provincial and national research

commitments. They have been the Champagne Sponsor for the Night to Remember Gala since 2009 and continue to support our largest fundraising event.

Otto, Annette, and Dale are valued supporters and are always eager to contribute in any way that they can. In 2019 we were contacted by Otto and Annette with a unique opportunity. They wanted to advertise the Alzheimer Society of Saskatchewan on one of their cement trucks. We are excited to say that you can now see a blue cement truck driving around Regina with our logo on it!

The enthusiasm and generosity of Site Management Services is greatly appreciated, and they are entirely deserving of the Corporate Leadership Award.

Philanthropic Leadership – Phyllis Ilsley

Phyllis first became involved with the Alzheimer Society in the early 2000s when she accompanied her sister Winnifred to “Between Ourselves” now known as First Steps and Early Stage Support Group where they were both actively involved. Winnifred and Phyllis were regular attendees at Coffee Club socials, enjoying the company of others in similar circumstances. In addition, Phyllis was a long time attendee at the caregiver support group held at the provincial office.

Seeing the value of the Alzheimer Society programs and services firsthand, Phyllis made the choice to give back to the Alzheimer Society. Phyllis volunteered as a canvasser in the Alzheimer Society door to door campaign and is a long time walk supporter. Phyllis has participated in the Alzheimer Society walks for 15 years, raising a cumulative total of close to \$30,000 in donations from her friends, family, neighbours and church community. Staff recall Phyllis’s dedication to attending and participating at the walks by walking to the Regina Fieldhouse from downtown during the frigid cold and blowing snow. In 2019, Phyllis’s health did not allow her to walk the full route, but she was in attendance with her donations and cheering everyone on.

Volunteerism Award – Gord and Claudia Grant

Gord and Claudia Grant were first introduced to the Alzheimer Society of SK more than 10 years ago when they moved to Moosomin from Revelstoke BC where they were previously connected with the Kelowna Alzheimer Society Resource Centre following Gord’s diagnosis of vascular dementia in 2004.

Gord and Claudia believe that if by sharing their story it helps one person who is living with dementia, they have made a difference. They have shared their dementia story at the Alzheimer Society Annual Provincial Conference, Dementia Friendly Communities launch, community presentations, the “I Live with Dementia” campaign, ASOS annual giving campaign, media interview and most recently at the RaDAR Dementia Summit.

They have also been invited to be participants at the April 2019 SPHERU (Saskatchewan Population Health & Evaluation Research Unit) Policy Summit and have agreed to be on the newly formed SPHERU advisory committee for Interventions to Enhance Social Inclusion of Older Adults with Dementia in Saskatchewan funded by ESDC through the New Horizons for Seniors program.

Gord has been a member of the Alzheimer Society of Canada Advisory Group of People with Dementia since 2012 and the ASOS Leadership Group for People with Dementia since its inception. His insight, opinion and guidance regarding the work of the Society from the perspective of a person living with dementia has been invaluable.

Claudia has always been a champion of Alzheimer Society program offerings via Telehealth, reaching out to others in her community to encourage them to learn more. In fall 2018 Claudia started a caregiver support group in Moosomin, providing an opportunity for the caregivers living in the Moosomin area to connect and receive support close to home.

Revenue Development

We strive for a culture of philanthropy across our organization - a set of values and practices that support and empowers our donors and volunteers to give back to their community and to support our collective cause.

We deeply appreciate the amazing and ongoing generosity of all of our donors. Your commitment makes our work possible. Thank you.



IG Wealth Management Walk for Alzheimer's

This year welcomed over 650 walkers and raised over \$230,000 in our IG Wealth Management Walk for Alzheimer's.

Our relationship with IG Wealth Management continues to grow and expand and we appreciate the partnership and commitment shown by IG employees across the province in support of our cause.

Anything for Alzheimer's

Anything for Alzheimer's events were successful this year, exceeding our targets. We had budgeted \$66,500. At fiscal end, we have raised \$87,667. This is due to an increasing amount of fundraising done by our wonderful community supporters.

This year we had 100 event hosts. Events are getting larger, and our hosts continue to be engaged with us and work with us to host a successful event.



The Night to Remember Gala

The Night to Remember Gala was another success this year. The event was very close to a sell out and the success can be attributed largely to an engaged Gala Committee as well as engaged sponsors Kevin Tell and Randall Corwin who helped us fill many of the tables in the room.

Raising Funds for Research

At our 2019 Night to Remember Gala, Beryl Tell, Kevin Tell and Donna Kabaluk agreed to match donations in memory of Jerry Tell up to \$20,000. Our supporters did not disappoint raising over \$30,000 in support of research.

We are excited to have Beryl Tell as this year's Chair of our Gala. Thank you the Beryl, Kevin and Donna for all your outstanding support.

Pictured is Joanne Bracken CEO of the Alzheimer Society (left) with Beryl Tell (right) the 2020 Chair of our Night to Remember Gala.



Transformational Giving - Lynn McManus

Lynn McManus exemplifies the incredible, lasting impact an individual can have in their community. She had a deep personal commitment to people living with dementia, having lost several loved ones to the disease. Lynn sadly passed away in 2018.

Lynn left behind a contribution that can only be described as transformational for the Alzheimer Society of Saskatchewan, ensuring a lasting continuity of service and dedication to research in Saskatchewan for many years to come.

Sadly, Lynn passed away in 2018, however her legacy lives on through the transformational gift of \$1.6M that she left to the Alzheimer Society of Saskatchewan.



Lynn McManus

Community and Corporate Donors

Transformational Contribution \$500,000+

Government of Saskatchewan

Memory Makers \$100,000-\$499,999

1 Anonymous

Visionaries \$50,000-\$99,999

IG Wealth Management
Saskatchewan Community Initiatives Fund
Saskatchewan Seniors Mechanism

Champions \$10,000-\$49,999

Beverly and Garth Moore Foundation
City of Regina -
 Saskatchewan Lotteries Community Grant Program
Employment Social Development Canada
Fries Tallman Lumber Ltd.
Jim Pattison Broadcast Group
 Prince Albert (In Kind)
L&L Gravel and Ranching Co. Ltd.
Pharmasave Drugs (Central) Ltd.
Prince Albert and Area
 Community Foundation Inc.
Rawlco Radio (In Kind)
Saskatoon Media Group (In Kind)
SGI
South Saskatchewan Community Foundation
 Donald and Claire Kramer Trust Fund
 G. Murray and Edna Forbes Foundation
 Helen and Gerard Shearer Foundation Fund
Victoria Jewellers Ltd. (In Kind)

Leaders \$5,000-\$9,999

Brandt Tractor Ltd.
City of Regina, Community Services Department
City of Saskatoon -
 Saskatchewan Lotteries Community Grant
Crane Fund for Widows and Children
Malcolm J. Jenkins Family Foundation Inc
SaskTel TelCare Employees Charitable Trust

Site Management Services (Regina) Inc.
University of Saskatchewan

Partners \$1000-\$4,999

Aegis Laser Therapeutics Inc
Arnason Bourassa Family Foundation
Avison Young
Battlefords News Optimist (In Kind)
Bayshore Home Health
Boston Pizza Saskatchewan (In Kind)
Brightwater Ventures, LTD.
Casino Regina (In Kind)
Centre on Aging and Health, University of Regina
City of Prince Albert -
 Saskatchewan Lotteries Community Grant Program
CN Employees' And Pensioners' Community Fund
College Park II Retirement Residence
College Park Retirement Residence
Dale Griesser Realty Inc.
Davidson and District Donors Choice
Eden Care Communities
Electric Effects Inc.
Enterprise Holdings Foundation
Episcopal Corporation of Saskatoon
 Holy Spirit Parish
Farm Credit Canada
Floors By Design
Gerrand Rath Johnson Barristers & Solicitors
Global News Regina and Saskatoon
Gordie Howe Fund for Alzheimer's Research
Greenleaf Mechanical
Harbour Landing Village
Harry Allen Life Member Club SaskTel Pioneers
HSBC Bank Canada
Information Services Corporation
Investment Planning Counsel
Investors Group Sask West Central Imagine Fund
J.R.'s Welding
K. R. Electric Ltd
Lifesmart Health
Lloyd Communications Inc.
Melville and District Donors Choice
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New Line Boxing Academy Ltd
Outlook Donors Choice
Pennant Farming Co. Ltd
Prairie Skies Medical Imaging
Prince Albert Daily Herald (In Kind)
RBC Dominion Securities

RBC Foundation
RBC Royal Bank
Redhead Equipment (In Kind)
RH Electric Ltd
Richardson Lighting Ltd.
Riverbend Crossing Memory Care Community
Royal LePage Regina Realty
Safrane Construction Ltd.
Saskatchewan Indian Gaming Authority Inc.
Saskatchewan Liquor and Gaming Authority
Saskatoon Bridge Club
Sound Impressions Hearing Centre
Taylor Lexus Toyota
TD Greystone Asset Management
TelCare Yorkton
Tell Ventures Ltd.
VIA RAIL Canada (In Kind)
Virtus Group
Westrum Lumber
Wheaton Chevrolet
Wright Construction Western Inc.
Yorkton This Week (In Kind)
1 Anonymous

Friends \$500-\$999

Alliance Energy Ltd.
Bayshore Foundation
Biggar and District Donors Choice
Boychuk Investments
Caleb Village North Battleford
Canadian Bridge Federation
Charitable Foundation
Canadian Western Bank
Carrot River and District Donors Choice
City of Swift Current -
Saskatchewan Lotteries Support Grant
Craik and District Donors Choice
Cut Knife Donors Choice
Danyluk and Associates
Discovery Coop
Eatonia Donors Choice
Gainsborough Donors Choice
GLJ Petroleum Consultants
Golden West Radio (In Kind)
Gull Lake and District Donors Choice
Hillis and Jo Ann Thompson Family Foundation
Hudson Bay Donors Choice
Kipling and District Donors Choice Appeal
Kreative Kidz ELC
Lola Stroud Charitable Fund
Maryfield and District Donors Choice

Mount Royal Emmanuel United Church
Muenster and District Donors Choice
Nordal Law Office
Northern Empire Homes
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Robertson Stromberg LLP
Rosetown and District Combined Donors Choice
Royal Canadian Legion #59
Scottish Heritage Society
St. Brieux Donors Choice
Strasbourg and District Combined Appeal
TelCare Estevan
TelCare Regina
TelCare Saskatoon
United Way of Greater Toronto
United Way of Saskatoon
United Way Toronto and York Region
Vermilion Energy Inc.

Individual Donors

Transformational Giving \$500,000+

Estate of Lynn McManus

Memory Makers \$100,000-\$499,999

Gordon and Jill Rawlinson

Visionaries \$500,000-\$99,999

Estate of Wilfred Ross Alexander Leighton

Champions \$10,000-\$49,999

Estate of Leonard Denis Brown
Estate of Margaret Irene Cobbe
Harry Fleury
Estate of May Gauld
Estate of Sidney Hill
Beryl Tell
Kevin Tell and Donna Kabulak
1 Anonymous

Leaders \$5,000-\$9,999

James and Jessica Baldwin
Malcolm and Marilyn Leggett
Shannon Pagan

Evelyn Sawchuk
Ida Shipp
The Jeff and Kelly Howsam Family
Nadine Wilson

Partners \$1,000-4,999

Jenny Basran
Sandra Bergen
Mark and Joanne Bracken
Robert Capp
Randall Corwin
Kathleen Defoe
William Dust
Robert and Sylvia Fafard
Estate of Anthony Fazakas
Leon Friesen
Mike Frombach
Laurie Hammond
Charles Hedlin
Ron Hilton
Melva Hnidy
Evelyn Hopkins
Darren and JoAnne Illingworth
S.P. (Van) Isman
Ron Kruzeniski
William P. Lampman
Alan Loos
Lory Neumann
Agnes Peever
Estate of Betsy Proudlove
Estate of Marguerite Eleanor Read
Julie Reimer
Mary Rogers
Estate of Anne (Anny) Seed
Duane and Beverley Smith
Terry Springer
Alister Sutherland
Joan Thompson
Winona Trudelle
Jim Turner
Clay and Linda Ullrich
Cheryl Waslen
Herbert Wheaton
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Michael and Diane York
2 Anonymous

Friends \$500-\$999

Gary Bainbridge
Usher Berger and Karen Faith
Myrna Berwick
Tom Brossart
Greg Charyna
Brian and Darlene Cocks
Ray Deans
Cecily Doshen
Sandi Ellert
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Estate of Albert Limet
Donna Lutz
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Joe Trudelle
Gail Untereiner
John Wallace
Brian and Annemarie Wappel
Tracy Williams Duerr
M. Patricia Wirth
Murray Wood
David and Sandra Yandel
4 Anonymous

Financials

In 2019-2020 we received \$4,318,533 in support from the community. When you support the Alzheimer Society of Saskatchewan you are supporting the only provincial charity dedicated to helping people to live well with dementia through our programs and services.

By investing in our vision of a world without Alzheimer's' disease and other dementias you are also funding vital research into finding prevention, cures and quality of life. We are committed to stewarding your investment with accountability and transparency.

The graphs on the following page provide a summary of revenue and expenses. For a complete set of our Financial Statements, please visit our website.

“My final decision to donate monthly to Alzheimer’s Society was after my Mom passed away. Her last years were spent with dementia and I spent time with her every day, which meant I saw many others also with dementia on a daily basis. Seeing and talking with a lot of these people opened my eyes big time to the fact that we need to do all we can to help raise funds for the Alzheimer Society.”

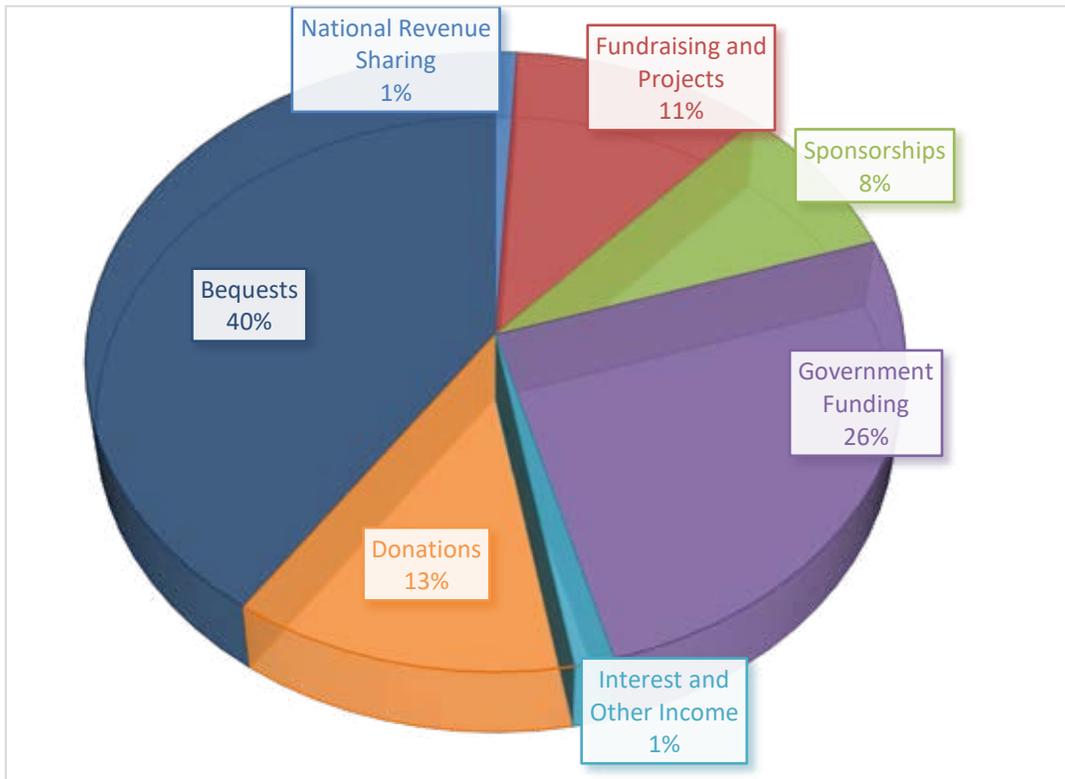
Diane Davidson



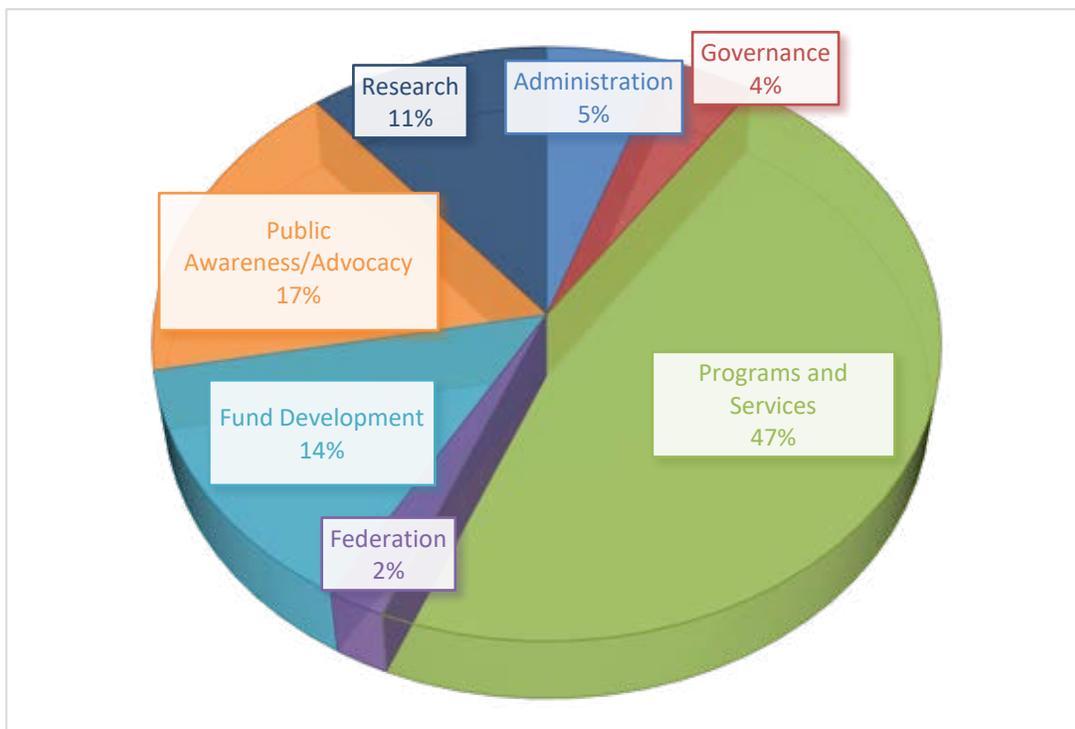
The Alzheimer Society of Saskatchewan is accredited by Imagine Canada for outstanding transparency and accountability.

The Standards Program Trustmark is a mark of Imagine Canada used under licence by the Alzheimer Society of Saskatchewan

How we raised our funds - \$4,318,533



How we invested our funds to support the mission and vision - \$2,384,430



*Pilot Butte – Qu'Appelle – Raymore – Regina – Regina Beach –
Rocanville – Sifton – Southey – Strasbourg – Vibank – Wapella – White
City – Whitewood – Wilcox – Wolseley – Zehner – Aberdeen – Allan –
Annaheim – Borden – Bruno – Camrose – Casa Rio – Clavet – Corman
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Grasswood – Hepburn – Humboldt – Lake Lenore – Langham – Lanigan
– Leroy – Lockwood – Martensville – Meacham – Muenster – Neuanlage
– Nokomis – Osler – Perdue – Quill Lake – Radisson – Rm Of Dundurn
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Waldheim – Warman – Watrous – Watson – Whitecap – Wynyard –
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– Carnduff – Ceylon – Corning – Coronach – Estevan – Gainsborough –
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– McTaggart – Midale – Minton – Ogema – Oungre – Oxbow – Pangman
– Radville – Redvers – Stoughton – Torquay – Tyvan – Wawota – Weyburn
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Alzheimer Society

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