

## ANNUAL REPORT 2022 - 2023

# Société Alzheimer Society



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## **Executive Director's Message**

People, partnerships, and progress was the theme Société Alzheimer Society Sudbury-Manitoulin North Bay & Districts strived towards this past year. We've served more community members, developed more partnerships, and made extensive progress! This past fiscal, our organization, small but mighty, took on large projects to help better our operations. With the migration of a new data management system and starting the accreditation process, we are eager to see improvements to further our efforts in better serving our clients and our community.

We continue to receive heartening feedback from our clients about the value our programs and support services bring to their dementia journey. Social recreation, individualized care plans, and the support of staff who value and understand the client's needs to provide assistance and guidance have demonstrated positive impacts on the lives of persons living with dementia, their care partners and loved ones. I am so proud of every one of our staff and volunteers for their dedication and commitment to taking the time to listen to each of their clients and making the proper adjustments to reach the needs of each individual.

Delivering innovative programming has allowed us to see growth in participation, the opportunity to grow and expand new social and support groups, online learning, bilingual education, and targeting suitable activities for those from the early to late stages of the disease.

As the number of persons affected by dementia grows, so has the demand for our services; the number of referrals and program participation has increased significantly over the past year. We're focusing on creating a culture of "quality improvement". Working collaboratively with clients and community partners to achieve person-centred care remains our top priority. Without the commitment of our staff, this would not be made possible. We work as a family, one that supports, inspires, and believes in the work we do which translates effortlessly to our clients.



On behalf of all the staff at the Alzheimer Society, we wish to express our gratitude to those we serve, our donors, and our volunteers for helping us provide meaningful support for persons living with dementia, their care partners, and their loved ones. Together we will create Dementia Friendly Communities where all are supported to live their best!

Thank you,

**Stephanie Leclair** *Executive Director Société Alzheimer Society* 



## **President's Message**

During the past year, the Société Alzheimer Society Sudbury-Manitoulin North Bay & Districts began transitioning back to more "normal" operations as we exited the pandemic. I continue to be amazed and humbled by the passion and dedication demonstrated by our superb team, under the very capable leadership of its Executive Director, Stephanie Leclair, in providing stellar support services and programs to our clients and their care partners. All this while preparing for the Accreditation review to occur in 2024. No small task!

Through the leadership of our ED, our Society continues to lobby for increased funding and support for our programs, in the face of a growing number of dementia cases diagnosed every day.

Our Society signed the Ontario Health Team Collaborative Decision-Making Agreement. All signatories to this agreement agreed to work together to achieve the shared objective of providing a continuum of integrated and coordinated care and support services to the persons to whom they provide care and services.

As part of the preparation for accreditation, the board continued its review of finance and investment policies. As well it was kept apprised of the risk management and risk mitigation portfolio. The board has also started to look at how we integrate Equity, Diversity, and Inclusion in our operations.

In November, the Society held its first Wine, Women and Purses event since Covid – And what a success it was! We are sincerely grateful to the staff and event sponsors who helped make this event the most successful yet.

As we look ahead to the coming year, I would like to take the opportunity to thank Stephanie, her staff, and the volunteers who work tirelessly every day to provide our clients and their care partners with the best service possible and help them navigate their difficult journeys. I would also like to acknowledge our deepest appreciation to the many funders and supporters of our work.

Finally, I would like to thank my fellow board members for their commitment and dedication to the Society. To those whose term is ending, we wish you well and express our heartfelt gratitude for your years of service. To those who are joining us on the board, we welcome you and thank you for accepting this assignment. Together we will ensure our organization remains strong and forward-thinking.

Respectfully submitted,

#### Sonia Del Missier

President Société Alzheimer Society





## **Board of Directors**

Sonia Del Missier	President
Lise Anne Boissonneault	Past President
William Bray	Vice President
Courtney Conaty	Treasurer
Stéphanie Leclair	Executive Director
Nicolle Plante-Dupuis	Director
Kathryn Irwin-Seguin	Director
Michelle Lavigne Vezeau	Director
Alex Fex	Director
Anne Proulx- Seguin	Director
Dr. Mike Bedard	Director
Tannys Laughren	Director

Thank you for your commitment and dedication to the Society.

## Nomination for the Board

#### Johanne Brousseau

Johanne has lived in North Bay for 60 years. She is passionate about her community and has over 50 years of experience taking on various roles on boards and committees including Red Cross, YMCA, Caisse Populaire de North Bay and many more. Johanne has recently completed a successful 4-year term as a councillor for the city of North Bay all while serving on 18 committees along with the role as Chair of Community Services.

#### Linda Wilson

Linda has an extensive background in marketing after completing years of service as marketing executive at Cambrian College. Since her retirement in 2010, she has balanced her personal time with volunteer activities. Linda has taken the initiative to gain board experience through a variety of positions at different local organizations including Children's Aid Society for the Districts of Sudbury Manitoulin, St. Joseph's Foundation of Sudbury, and more.

#### **Tiffanie Huard**

Tiffanie has vast professional experience as a chartered professional accountant. She currently holds a position at Cambrian College as a professor in courses surrounding audits and accounting as well as performs as program lead at Chartered Professional Accountants Ontario. Throughout her time educating, Tiffanie also undertook roles as a finance officer and management positions relating to auditing and finance at local companies including KPMG LLP, FedNor and Science North.



## **Committee Messages**

## French Language Service Committee

Thanks to the expert guidance of the Committee's outgoing Chair, Anne Proulx-Séguin, the hard work of our Executive Director and her team, and the sound advice of the Réseau du mieux-être francophone du Nord de l'Ontario, the Société Alzheimer rolled out its action plan in 2022-2023 and met its obligation to provide quality services in French to clients, care partners and the general population.

The Société Alzheimer once again offered numerous education sessions in French to persons living with dementia and their care partners, and provided French language training to a dozen staff members, ensuring that the majority of employees continue to be French-speaking.

In 2023-2024, the Société will continue to strengthen its services in French as it works towards accreditation. It will create and implement satisfaction survey questions regarding French-language services and will increase French content on its website page and social media channels while maintaining existing best practices.

On behalf of the Board of Directors, I would like to thank the French Language Service Committee members for their diligent work in 2022-2023.

#### Lise Anne Boissonneault

Board member and Interim FLS Committee Chair

### **Finance and Investment Committee**

The Investment portfolio that we placed with Connor, Clark and Lund has been invested since 2021. The portfolio that we chose is diversified within a Benchmark of 5% FTSE Canada 91-day T-bill Index & 45% FTSE Canada Universe Bond Index & 25% S&P/TSX Composite Index & 25% MSCI World ex-Cda Index (C\$).

Our YTD return for 2023 is 0.00% and our return since inception is 0.00%. We have a portfolio value to the end of March 31, 2023, of \$1,125,526. As we have seen, there is a lot of turmoil in the markets and by diversifying our portfolio over a number of Asset Classes, we are actually reducing our overall risk. We will be looking to strategize our investments in short-term and long-term categories.

We will have a good base in which to choose how we will use these funds in the future. We continue to receive quarterly updates as well communications on market conditions as well as invitations to various webinars. We can also request a full board update if required. Performance returns and will continue to be monitored on a regular basis. The Investment Committee is confident in the current portfolio strategy and is pleased with the growth of the portfolio to date.

## **Staff Recognition**

### **Sudbury - Manitoulin**

Erica Beaulieu Angie Brunet Melanie Bulfon Justin Ceskauskas Kayla Charrette Miguel Cheff Janet Cimino Kathy DeRuiter Rosanne Despot-Barr Alex Dzuirban Pauline Fillion Crystal Graham Mandy Haas Julie Herad Lana Hodgins

Robyn Heaney

Elana Klingspogn

Renee Laferriere

Karen Kanhai Monique Lane Katherine Lingenfelter Victoria Marois Amber Mayer Alex Mayotte Kelsey Parker

**Emilie Mageau** 

**Jessica** Pifer

Danielle Middaugh

Stephanie Mitchell-Fudge

Cindy Pilkey Caroline Piquette Cara-Lee Poitras Francine Rainville Caitlin Ranta Carissa Roy Jessica Simpson Keisha Villeneuve

Natasha Pilon-Quirt

Ashlee Warrell

Fatima Williams

Alisha Windsor

**Cheryl Young** 

### **North Bay**

Monique Beaulieu Linda Brown Kaitlynn Canning Charline Carr Cassanda Dupuis

arr Julie Liard Dupuis

### Executive

Stephanie Leclair Monique Patrakka Executive Director Clinical Manager



### **Years of Service**



Janet Cimino 5 years of service



Cara-Lee Poitras 10 years of service



Monique Lane 15 years of service

### **Staff Awards**



#### **Kayla Breadner Memorial Award**

This award was created in memoriam of Kayla Breadner who worked with us in the Day Program. She was a passionate and dedicated young woman who demonstrated a love for the clients and families we serve on a daily basis. She was hardworking, courageous and kind and managed to make people smile every day. We would like to present this award to the staff member who was voted by her peers who exemplified these traits. This employee goes above and beyond every day to not only assist our clients but her co-workers as well.



#### Mariette Kozicki Memorial Award

This award was created in memoriam of Mariette Kozicki who worked with the Alzheimer Society as a Public Education and Support Group Facilitator, having retired in 2018 she enjoyed spending time with her family and new grandchildren. Mariette exemplified compassion, respect and understanding when working with care partners, she would make every effort to ensure each care partner felt heard, understood and supported. We would like to present this award to the staff member who was voted by the administration team who exemplifies these traits. This employee goes above and beyond every day to assist care partners in their connections with our organization and supporting them in their dementia journey.

#### Thank you to all our staff for the dedication, kindness, and care you bring to the Society to help persons living with dementia and their care partners in our community!



## **Donor feature**

Thank you to each and all the generous individuals and organizations who has donated, fundraised, and sponsored our organization this past year. Your generosity allows the Society to grow and prosper and helps create a positive impact for persons living with dementia and their care partners in our community.

Brock Boyd Corey Bouwmeester Free Masons of Sudbury-Manitoulin MIC Canadian Eatery & Whisky Pub East Side Marios Ramakko's Desjardins IG Deacon Wealth Management IG Wealth Management – Sudbury Rebuilt Resources New North Fuels Technica Group

Manitoulin Transport North Bay Audiology Walden Lions Club Coniston Lions Club Central Manitoulin Lions Club Elizabeth Centre L'Arche Sudbury Amberwood Suites Bestech Natura Catering & Events Desjardins Lopes





## **Partnerships and Collaboration**

A huge thank you to our partners and collaborators for the continuous support given to the Society. Your contribution allows us to deliver the much-needed programs and support services to those living the dementia journey in our community. We couldn't do it without you!

Rapid Mobilization Table (CMHA)

Workplace Safety North

Nipissing Wellness Ontario Health Team

North East Geriatric Services

Project ECHO- Baycrest Centre

Reitman Centre- Mount Sinai Hospital

Behavioural Supports Ontario

North Bay Regional Health Centre

Espanola and Area Community of Care Planning Network

Manitoulin Health Network

Nipissing West Community Health Centre

**UNIVI Health Centre** 

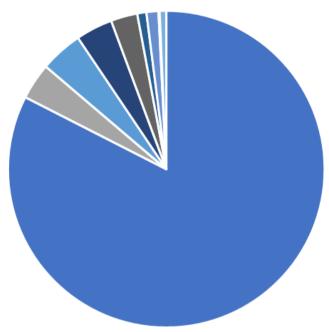
Powassan Family Health Team

Cycling Without Age



## **Financial Statement**

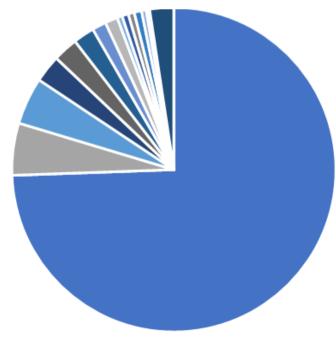
### Revenue



Total Revenue:	\$3 535 905
ASO Direct Mail Campaign	\$23 866
= Bingo	\$4 058
Investment Income	\$43 338
Property Tax Recoveries	\$32 990
Fundraising	\$96 140
<ul> <li>Donations</li> </ul>	\$132 997
Other Income	\$153 738
User Fees	\$131 452
<ul> <li>Ministry of Health</li> </ul>	\$2 917 346

Total Expenses:	\$3 550 735
<ul> <li>Amortization of Capital Assets</li> </ul>	\$85 253
Realized Loss on Investments	\$1 940
<ul> <li>Meetings</li> </ul>	\$279
<ul> <li>Advertising</li> </ul>	\$4 387
Fundraising	\$5 811
Insurance	\$16 420
Professional Fees	\$26 159
Supplies	\$21 163
<ul> <li>Data Processing</li> </ul>	\$22 764
Training	\$18 009
Property Taxes	\$44 569
Meals	\$49 634
<ul> <li>Office</li> </ul>	\$74 970
Travel	\$88 129
<ul> <li>Client Services</li> </ul>	\$96 850
<ul> <li>Building Occupancy</li> </ul>	\$166 810
= Other	\$184 336
Salaries & Benefits	\$2 643 252







## **Accomplishments & Highlights**





Wine, Women & Purses 2022

Our Health Bistro Adult Day Programs hosted **6775** attendance days



Sudbury ADP giving to the Go-Give Project





Société Alzheimer Society sudbury-Manitoulin North Bay & Districts s DPURY-MANITOULIN NORTH BAY ET DISTRICTS

East Side Mario's Golf Tournament





Trishaw Bike (Cycling Without Age)







Minds in Motion clients donated holiday cards to the Men's Shelter





## **Our Society**

### **Our Mission**

Our mission is to alleviate the personal and social consequences of Alzheimer's disease and related dementias and to improve the quality of life of our clients, their care partners, and families.

### **Our Vision**

Through an interdisciplinary team and in partnership with many community agencies, the Alzheimer Society provides essential programs and support services to those living with dementia as well as their care partners.

### **Our Values**

Person-centered, Partnership, Leadership, Collaboration, Accountability, Respect & Engagement

### **Sudbury Office:**

960B Notre Dame Avenue Sudbury, ON, P3A 2T4 Phone: 705-560-0603 Fax: 705-560-6938 E-mail: info@alzheimersudbury.ca

### **North Bay Office:**

140 King Street West North Bay, ON, P1B 5Z7 Phone: 705-495-4342 Fax: 705-495-0329 E-mail: info@alzheimernorthbay.com

### **Manitoulin Office:**

23 Spragge Street Manitowaning ON POP 1N0 Phone: 705-560-0603 Fax: 705-560-6938 E-mail: info@alzheimersudbury.ca

### Charitable Registration #:

124237124RR0001

## Support to live well with dementia.

## DONATE TODAY

www.alzheimersudbury.ca

## FOLLOW US @alzheimersmnbd







