

JUNE

WEEK OF
MAY 30 - 3



ONLINE VIDEO (ZOOM) ACTIVITIES

click on the link to
access or visit

[https://us02web.zoom.us/j/
7290539028](https://us02web.zoom.us/j/7290539028)



SUPPORT GROUPS

To register for a support
group and for more
information,
please call Jessica
Phone: (705) 524-2024 x 232

MONDAY

30

GAME HOUR

Join in to play a variety
of fun mini games!
1:30pm-2:30pm

Click
Here



TUESDAY

31

VIRTUAL
MINDS IN MOTION
Activities & Exercise
1:30pm-3:00pm

Click
Here



WEDNESDAY

1

NORTH BAY - EVENING
IN-PERSON COFFEE CLUB
For Care Partners and
Persons Living with Dementia
6:00pm-8:00pm



THURSDAY

2

NAME THAT TUNE
Play along and guess some songs
Everyone is welcome!
1:00pm-2:00pm

Click
Here



FRIDAY

3



SUDBURY - DAYTIME
VIRTUAL SUPPORT GROUP
For Care Partners
1:30pm-3:30pm



**New to the Zoom platform and not
sure where to start?**

To learn more about zoom and how to join our virtual
activities, please contact **Miguel** at
705-524-2024 ext. 266 or
mcheff@alzheimersudbury.ca

JUNE

WEEK OF
6 - 10



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MONDAY

6

Morning Social!
Join us for for some good
conversations!
11:00am - 11:30am

Click
Here



TUESDAY

7

VIRTUAL
MINDS IN MOTION
Activities & Exercise
1:30pm-3:00pm

Click
Here



WEDNESDAY

8

NORTH BAY - DAYTIME
VIRTUAL SUPPORT GROUP
For Care Partners
2:00pm-4:00pm



THURSDAY

9

TRIVIA TIME!
Who? What? When?
and Where? Join us and
test your knowledge!
11:00am-12:00pm

Click
Here



SUDBURY- EVENING
IN-PERSON COFFEE CLUB
For Care Partners and
Persons Living with Dementia
6:00pm-8:00pm

FRIDAY

10

Visit our YouTube Page for
activity and exercise videos!



JUNE

WEEK OF
13 - 17



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MONDAY

13

PICTURE SHOW AND TELL
Bring a cherished photo
and tell us your story.
1:00pm-2:00pm



TUESDAY

14

VIRTUAL
MINDS IN MOTION
Activities & Exercise
1:30pm-3:00pm



WEDNESDAY

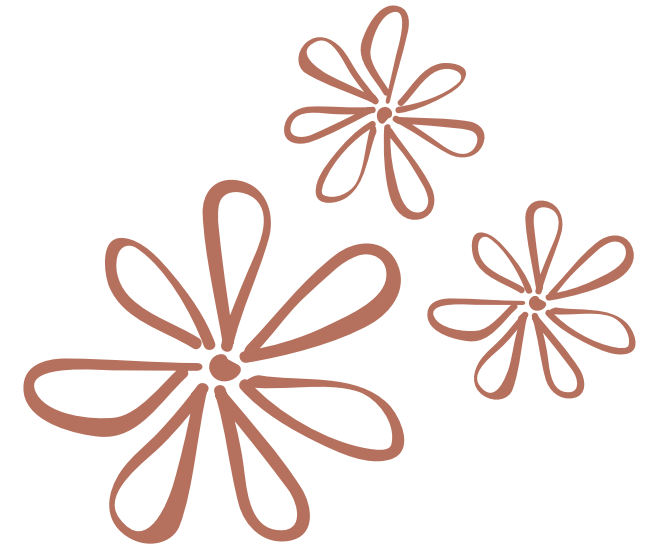
15

NORTH BAY - EVENING
IN-PERSON COFFEE CLUB
For Care Partners and
Persons Living with Dementia
6:00pm-8:00pm



THURSDAY

16



FRIDAY

17

We are hosting a virtual learning series in June
To register, call any one of our offices.



ZOOM - VIRTUAL
Learning Series
Tuesdays July 5, 12, 19, 26
6:00pm to 8:00pm

JUNE

WEEK OF
20 - 24



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MONDAY

20

Morning Social!
Join us for for some good
conversations!
11:00am - 11:30am

Click
Here



TUESDAY

21

VIRTUAL
MINDS IN MOTION
Activities & Exercise
1:30pm-3:00pm

Click
Here



WEDNESDAY

22



THURSDAY

23

VIRTUAL
MINDS IN MOTION
Activities & Exercise
1:30pm-3:00pm

Click
Here



FRIDAY

24

Soci t 
Alzheimer
Society

JUNE

WEEK OF
27 - JULY 1



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MONDAY

27

[Drawing Activity](#)
[Grap a pencil and a paper to](#)
[unleash your creative side!](#)
[11:00am - 12:00pm](#)

Click
Here



TUESDAY

28

[VIRTUAL](#)
[MINDS IN MOTION](#)
[Activities & Exercise](#)
[1:30pm-3:00pm](#)

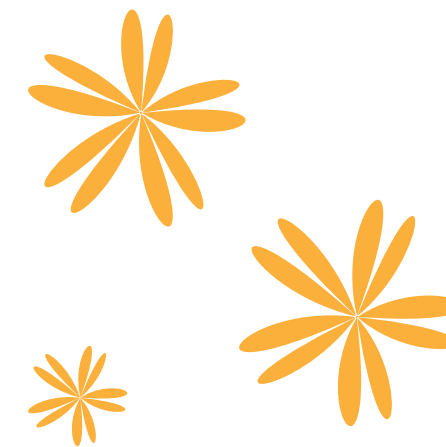
Click
Here



[NORTH BAY - EVENING](#)
[IN-PERSON SUPPORT GROUP](#)
[For Care Partners](#)
[6:00pm-8:00pm](#)

WEDNESDAY

29



THURSDAY

30

[SADBURY- EVENING](#)
[IN-PERSON COFFEE CLUB](#)
[For Care Partners and](#)
[Persons Living with Dementia](#)
[6:00pm-8:00pm](#)



FRIDAY

1



Happy Canada Day!

All our offices are Closed

Société
Alzheimer
Society

ADDITIONAL RESOURCES

Follow our YouTube Page for additional activities, exercise videos and more.



To Register for our 4-Week Learning Series please contact your First Link Care Navigator

Please Note: Schedule of activities is organized by color

- Education sessions are in **BLUE**
- Support Groups (Zoom) are in **BLACK**
- Online Video (Zoom) Activities are in **GREEN**
- In-Person groups are in **PURPLE**

We are available Monday- Friday from 8am-4pm, please contact one of our offices:

Sudbury Office

(705) 560-0603

info@alzheimersudbury.ca

Manitoulin Island Office

1-800-407-6369

info@alzheimersudbury.ca

North Bay Office

(705) 495-4342

info@alzheimernorthbay.com