WEEK OF



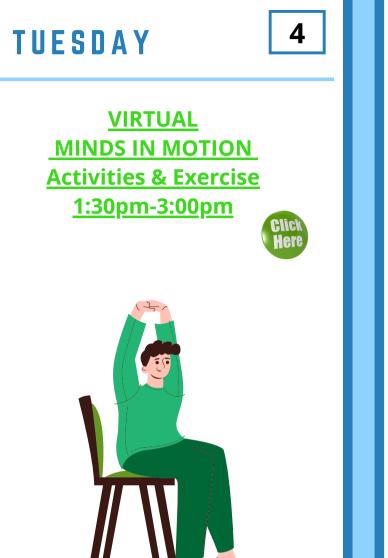
ONLINE VIDEO (ZOOM) ACTIVITIES click on the link to access or visit https://us02web.zoom.us/j/ 7290539028



SUPPORT GROUPS To register for a support group please call Jessica Phone: (705) 524-2024 x 232

3 MONDAY **MORNING SOCIAL** Join in for some morning conversations. **Everyone is welcome!** 11:00am-11:30am



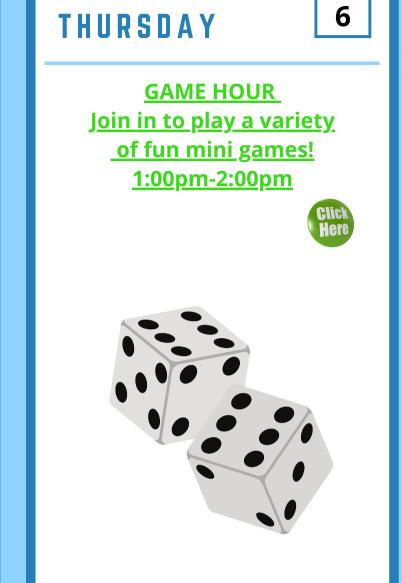


7



NORTH BAY - EVENING VIRTUAL SUPPORT GROUP For Care Partners 6:00pm-8:00pm

5





SUDBURY - DAYTIME VIRTUAL SUPPORT GROUP

For Care Partners 1:30pm-3:30pm



Visit our YouTube Page for games and exercise videos!





ONLINE VIDEO
(ZOOM) ACTIVITIES
click on the link to
access or visit
https://us02web.zoom.us/j/7290539028



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MONDAY

10

Venez Discuter!

Venez nous joindre pour une
conversation française!
11h00 - 11h30



SUDBURY - EVENING
VIRTUAL SUPPORT GROUP
For Care Partners
6:00pm-8:00pm

TUESDAY

VIRTUAL
MINDS IN MOTION
Activities & Exercise
1:30pm-3:00pm



14

11



WEDNESDAY

12

NORTH BAY - DAYTIME VIRTUAL SUPPORT GROUP

For Care Partners 2:00pm-4:00pm

THURSDAY

13

MOTHERS DAY TRIVIA TIME!

Can you guess Who? What?

When? and Where?

1:00pm-2:00pm





FRIDAY

SESSION INFORMATIVE Introduction à la Démence et la Communication 11h00 - 12h00

Veuillez vous inscrire
en appelant Miguel
au (705) 524-2024 x 266
ou par courriel:
mcheff@alzheimersudbury.ca



Société Alzheimer Society

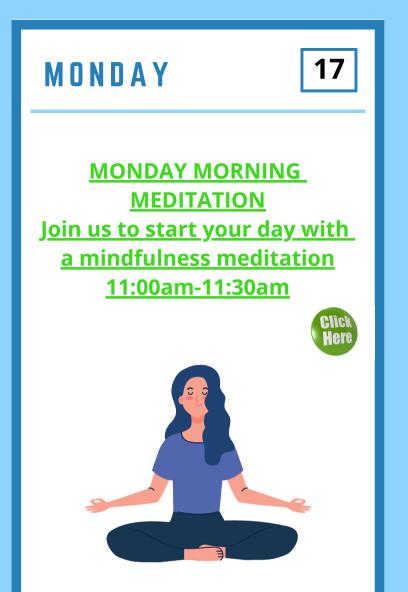
WEEK OF 17-21



ONLINE VIDEO
(ZOOM) ACTIVITIES
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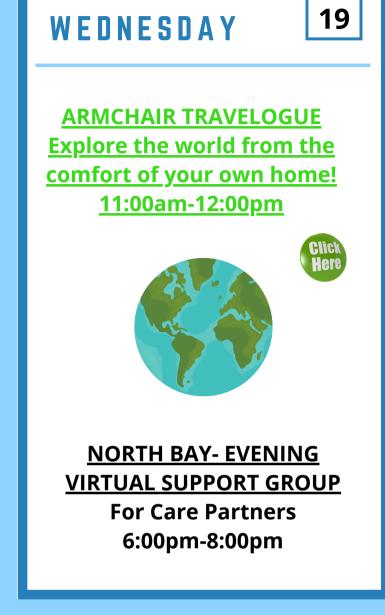


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21







SUDBURY - DAYTIME
VIRTUAL SUPPORT GROUP

For Care Partners 1:30pm-3:30pm



We are hosting a
Virtual <u>4 week Learning Series</u> in June.
To register, call any one of our offices.



Virtual
Daytime Learning Series
Wednesdays June 9, 16, 23, 30
1:00pm - 3:00pm

WEEK OF 24 - 28



ONLINE VIDEO
(ZOOM) ACTIVITIES
click on the link to
access or visit
https://us02web.zoom.us/j/7290539028



SUPPORT GROUPS
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MONDAY

24 TI

Our Offices will be closed for Victoria Day



TUESDAY

25

VIRTUAL
MINDS IN MOTION
Activities & Exercise
1:30pm-3:00pm



WEDNESDAY

26

NORTH BAY - DAYTIME
VIRTUAL SUPPORT GROUP

For Care Partners 2:00pm-4:00pm



THURSDAY

27

NAME THAT TUNE

Play along and guess some songs.

Everyone is welcome! 1:00pm-2:00pm





FRIDAY 28

Société Alzheimer Society

ADDITIONAL RESOURCES



Follow our YouTube Page for additional activities, exercise videos and more.

To Register for our 4-Week Learning Series please contact your First Link Care Navigator

Please Note: Schedule of activities is organized by color

- Education sessions are in **BLUE**
- Support Groups (Zoom) are in <u>BLACK</u>
- Online Video (Zoom) Activities are in **GREEN**

We are available Monday- Friday from 8am-4pm, please contact one of our offices:

Sudbury Office (705) 560-0603 info@alzheimersudbury.ca Manitoulin Island Office 1-800-407-6369 info@alzheimersudbury.ca North Bay Office (705) 495-4342 info@alzheimernorthbay.com