

How to Register: Click the yellow “Register” button for public sessions, or contact our team for support

Public Education

Dementia Overview

An introduction to dementia, including the most common types, warning signs, progression, and communication strategies. Ideal for care partners, community members, and anyone interested in learning more about dementia.

Various dates available. See registration links for dates and times. ->

Dementia Overview -
Click Here to Register

Brain Health

Learn how to keep your brain and body healthy throughout life. This session explores dementia risk factors at different life stages and shares practical strategies to support long-term brain health.

Various dates available. See registration links for dates and times. ->

Brain Health -
Click Here to Register

Dementia Friendly Communities

Learn how to make your community more inclusive for people living with dementia. This session offers straightforward, practical strategies to reduce stigma, promote independence, and foster inclusive and welcoming environments for all.

Various dates available. See registration links for dates and times. ->

Dementia Friendly Communities -
Click Here to Register

To book an in-service or education session not listed, or to request a specific date or time, please contact our Public Education Coordinator directly.



Need help registering or have questions?

Telephone 1 (807) 345-9556 ext. 2010

Toll Free: 1 (888) 887-5140

Email: kbond@alzheimerthunderbay.ca