

Richmond Hill resident Judi Kurek participates in the Investors Group Walk for Alzheimer's in memory of her mom and in support of dementia programs

Alzheimer Society of York Region hosts its walk June 9 at Richmond Green Park

FOR IMMEDIATE RELEASE

AURORA, ON (June 6, 2018) – Richmond Hill's Judi Kurek will be participating in the Investors Group Walk for Alzheimer's Saturday, June 9 at the Richmond Green Park in memory of her mom and to ensure more York Region residents living with dementia can benefit from programs offered by the Alzheimer Society of York Region (AS York).

Judi's mom Penny Cryer, who had Alzheimer's, died just shy of her 91st birthday in 2016. Judi says the DAY Centre, a dementia-specific adult program that takes place in Aurora, Richmond Hill and Thornhill, helped her mom.

"I am participating (in the walk) because I feel the DAY centres are so important," says Judi, who says her mom was hesitant to go to the program but after a couple of months "it was goodbye Judi (and) she would give me a kiss and she was gone." Judi says she saw "wonderful things" at AS York including the music program. "Everyone should contribute to the Alzheimer society," Judi says. "We don't know how fragile life is."

The Alzheimer Society of York Region hosts its Investors Group Walk for Alzheimer's June 9 at Richmond Green Park, 1300 Elgin Mills Rd. E. from 9 to 11:30 a.m. The family-friendly walk offers morning snacks and drinks, entertainment throughout the event, a colouring station, raffles and the popular Find the Gnome for a chance to win a prize. **Visit walkforalzheimers.ca to register or donate to a team.**

All money raised in the York Region walks stays in our communities. Currently there are more than 15,000 people in York Region living with Alzheimer's disease and other dementias, a number expected to double by 2031. For each person diagnosed with dementia, 10 to 12 more people are affected.

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About the Alzheimer Society York Region (AS York)

The Alzheimer Society of York Region has been a leader in actively supporting individuals and families coping with Alzheimer's disease and other dementias since 1985. Our history of delivering quality, dementia-specific day program services, an enriched social work program and education opportunities is well respected.

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